

Snopes declared mixed attribution of authorship, not mixed credit. It has no credibility. They just didn't bother trying to refute an obviously amateur diagnosis and partisan character assassination.

The Dr. Vaknin mentioned has a degree in philosophy from an unaccredited California diploma mill. He sells books about narcissism. In his [article](#) calling the president a narcissist, not included in the email, the Dr. was careful to state he is not a health care professional and that only a mental health care professional can diagnose Narcissistic Personality Disorder. So the Israeli Psychologist attribute in this email is twice removed from the truth.

The body of this e-mail was [lifted from FaithFreedom.org](#), which is a blog that seems to specialize in demonizing Obama. That would make this e-mail black propaganda as well as slanderous. I would say calling the president malevolently crazy is very much on the dark side too. The article is called "Understanding Obama: The Making of a Fuehrer". The anti-islamic author who wrote this seems tenuously tethered himself. His online extended rant reminded me of the paranoid delusions of some of the crazier patients I have cared for. It is a very intricately crafted delusion, but fundamentally flawed in many ways.

As a former mental health professional who spent 27 years working in a state psychiatric hospital, I can say with some degree of certainty that the author was either projecting his fears and perhaps his own struggle with a mania, or just making it up, but he has no authority or basis for his conclusions. I have met a narcissist or two, and doctors don't diagnose the way either author deduced.

By the way, the Benjamin Franklin quote, is also misattributed.

"It is not found in any of his known writings, and the word "lunch" is not known to have appeared anywhere in English literature until the 1820s, decades after his death."

[http://en.wikiquote.org/wiki/Benjamin\\_Franklin](http://en.wikiquote.org/wiki/Benjamin_Franklin)

I noticed the way the snopes.com link was included, which although it doesn't try to debate the narcissist label, proves the dishonesty of the package and the lack of authority to make a claim. The packager of this e-mail obviously knows the recipients are not interested in anything but reinforcing their beliefs. I suspect the author of the email doesn't have a lot respect for the intellectual curiosity of his readers.

Dale RN, BSN, BSSW

PS The bogus PHI warning is a good example of obfuscation.

On Feb 29, 2012, at 11:26 AM, Sam Kachaturoff wrote:

Begin forwarded **Psychologist---**

Begin forwarded message:

[m](#)>

**Date:** February 28, 2012 8:57:18 AM EST **Psychologist---**

Psychologist---

## **Are you ready for Healthcare Reform? Ask our team of experts at**

*Important Warning: This message is intended for the use of the person or entity to which it is addressed. If you are not the intended recipient, you are hereby notified that any disclosure, copying or distribution of this information is strictly prohibited. Please notify the sender immediately to arrange for the return or destruction of these misdirected documents. This message may contain protected Health Information (PHI). You, the recipient, are obligated to maintain it in a safe, secure and confidential manner. Rediscovery without authorizations or as permitted by law is*

Here is the Snopes review of this. They give mixed credit for the article. I think it rings very true. I consider him the least honest president of my lifetime and I have always thought he was an egotist, from the way he swaggers into a room to the way he condescends to others. USA Today article yesterday showed how Obamacare is killing him in the battleground states and both Romney and Santorum lead him in their poll.

<http://www.snopes.com/politics/soapbox/vaknin.asp>

## **Are you ready for Healthcare Reform? Ask our team of experts at**

*Important Warning: This message is intended for the use of the person or entity to which it is addressed. If you are not the intended recipient, you are hereby notified that any disclosure, copying or distribution of this information is strictly prohibited. Please notify the sender immediately to arrange for the return or destruction of these misdirected documents. This message may contain protected Health Information (PHI). You, the recipient, are obligated to maintain it in a safe, secure and confidential manner. Rediscovery without authorizations or as permitted by law is prohibited.*

Sent: Tuesday, February 28, 2012 9:39 Psychologist---

Democracy is two wolves and a lamb voting on what to have for lunch.  
Liberty is a well-armed lamb contesting the vote. ~ Benjamin Franklin

Very interesting reading .....

Israeli Psychologist

(Be sure to read all the way to the end.)

Dr. Sam Vaknin is an Israeli psychologist. Has an interesting view on the president. Dr. Vaknin has written extensively about narcissism.

Dr. Vaknin States "I must confess I was impressed by Obama from the first time I saw him. At first I was excited to see a black candidate. He looked youthful, spoke well, appeared to be confident -- a wholesome presidential package. I was put off soon, not just because of his shallowness but also because there was an air of haughtiness in his demeanor that was unsettling. His posture and his body language were louder than his empty words. Obama's speeches are unlike any political speech we have heard in American history. Never a politician in this land had such "quasi religious" impact on so many people.

The fact that Obama is a total incognito with Zero accomplishment, makes this inexplicable infatuation alarming. Obama is not an ordinary man. He is not a genius. In fact he is quite ignorant on most important subjects."

Dr. Sam Vaknin, the author of the Malignant Self Love believes "Barack Obama appears to be a narcissist." Vaknin is a world authority on narcissism. He understands narcissism and describes the inner mind of a narcissist like no other person. When he talks about narcissism everyone listens. Vaknin says that Obama's language, posture and demeanor, and the testimonies of his closest, dearest friends suggest that the man is either a narcissist or he may have narcissistic personality disorder (NPD).

Narcissists project a grandiose but false image of themselves. Jim Jones, the charismatic leader of People's Temple, the man who led

over 900 of his followers to cheerfully commit mass suicide and even murder their own children was also a narcissist. David Koresh, Charles Manson, Joseph Kona, Shoko Asahara, Hitler are a few examples of narcissists of our time. All these men had a tremendous influence over their fanciers. They created a personality cult around themselves and with their blazing speeches elevated their admirers, filled their hearts with enthusiasm and instilled in their minds a new zest for life. They gave them hope! They promised them the moon, but alas, invariably they brought them to their doom.

When you are a victim of a cult of personality, you don't know it until it is too late. One determining factor in the development of NPD is childhood abuse "Obama's early life was decidedly chaotic and replete with traumatic and mentally bruising dislocations," says Vaknin. "Mixed-race marriages were even less common then. His parents went through a divorce when he was an infant two years old. Obama saw his father only once again, before he died in a car accident. Then his mother re-married and Obama had to relocate to Indonesia , a foreign land with a radically foreign culture, to be raised by a step-father. At the age of ten, he was whisked off to live with his maternal (white) grandparents. He saw his mother only intermittently in the following few years and then she vanished from his life in 1979. "She died of cancer in 1995."

One must never underestimate the manipulative genius of pathological narcissists. They project such an imposing personality that it overwhelms those around them. Charmed by charisma of the narcissist, people become like clay in his hands. They cheerfully do his bidding and delight to be at his service.. The narcissist shapes the world around himself and reduces others in

his own inverted image. He creates a cult of personality. His admirers become his co-dependents. Narcissists have no interest in things that do not help them to reach their personal objective. They are focused on one thing alone and that is power. All other issues are meaningless to them and they do not want to waste their precious time on trivialities. Anything that does not help them is beneath them and does not deserve their attention.

If an issue raised in the Senate does not help Obama in one way or another, he has no interest in it. The "present" vote is a safe vote. No one can criticize him if things go wrong. Those issues are unworthy by their very nature because they are not about him.

Obama's election as the first black president of the Harvard Law Review led to a contract and advance to write a book about race relations. The University of Chicago Law School provided him a lot longer than expected and at the end it evolved into, guess what? His own autobiography! Instead of writing a scholarly paper focusing on race relations, for which he had been paid, Obama could not resist writing about his most sublime self.. He entitled the book Dreams from My Father.

Not surprisingly, Adolph Hitler also wrote his own autobiography when he was still a nobody. So did Stalin. For a narcissist no subject is as important as his own self. Why would he waste his precious time and genius writing about insignificant things when he can write about such an august being as himself?

Narcissists are often callous and even ruthless. As the norm, they lack conscience. This is evident from Obama's lack of interest in his own brother who lives on only one dollar per month. A man who lives in luxury, who takes a private jet to vacation in Hawaii, and who raised nearly half a billion dollars for his campaign

(something unprecedented in history) has no interest in the plight of his own brother. Why? Because, his brother cannot be used for his ascent to power. A narcissist cares for no one but himself.

This election was like no other in the history of America . The issues were insignificant compared to what is at stake. What can be more dangerous than having a man bereft of conscience, a serial liar, and one who cannot distinguish his fantasies from reality as the leader of the free world?

I hate to sound alarmist, but one is a fool if one is not alarmed. Many politicians are narcissists. They pose no threat to others. They are simply self serving and selfish. Obama evidences symptoms of pathological narcissism, which is different from the run-of-the-mill narcissism of a Richard Nixon or a Bill Clinton for example. To him reality and fantasy are intertwined.

This is a mental health issue, not just a character flaw. Pathological narcissists are dangerous because they look normal and even intelligent. It is this disguise that makes them treacherous. Today the Democrats have placed all their hopes in Obama. But this man could put an end to their party. The great majority of blacks voted for Obama. Only a fool does not know that their support for him is racially driven. This is racism, pure and simple.

The downside of this is that if Obama turns out to be the disaster I predict, he will cause widespread resentment among the whites. The blacks are unlikely to give up their support of their man. Cultic mentality is pernicious and unrelenting. They will dig their heads deeper in the sand and blame Obama's detractors of racism. This will cause a backlash among the whites. The white

supremacists will take advantage of the discontent and they will receive widespread support. I predict that in less than four years, racial tensions will increase to levels never seen since the turbulent 1960's.

Obama will set the clock back decades. America is the bastion of freedom. The peace of the world depends on the strength of America , and its weakness translates into the triumph of terrorism and victory of rogue nations. It is no wonder that Ahmadinejad, Hugo Chavez, the Castrists, the Hezbollah, the Hamas, the lawyers of the Guantanamo terrorists, and virtually all sworn enemies of America are so thrilled by the prospect of their man in the White House.

America is on the verge of destruction. There is no insanity greater than electing a pathological narcissist as president.